



BestHealth® Membership Program – Merchant Discount Participants

As a member of the BestHealth program of Wake Forest University Baptist Medical Center, you can receive discounts at select merchants in the Winston-Salem area. Please show your BestHealth membership card at time of purchase. Discounts are valid for the individual member only, not groups.

Arts

Reynolda House Museum of American Art

2250 Reynolda Rd., Winston-Salem

Phone: 758-5150

Web: www.reynoldahouse.org

Discount: 10% off adult admission (children under 18 admitted free). Wake Forest University Baptist Medical Center employees receive free admission for employee and one guest.

The Sawtooth School for Visual Art

226 N. Marshall St., Suite D, Winston-Salem

Phone: 723-7395

Web: www.sawtooth.org

Discount: \$35 for an individual membership (a \$15 savings off the regular price of \$50). Membership benefits: tuition discounts on classes and workshops, invitations to special events and more.

Automotive

Campus Gas & Service

1231 Polo Rd., Winston-Salem

Phone: 499-4300

Discount: \$21.99 oil, lube and filter (includes 20 pt. maintenance inspection and fluids topped off, up to 5 quarts) and 10% off labor for repairs (certain limitations apply; call store for details).

West End Auto Clinic

1501 West First St., Winston-Salem

Phone: 777-1360

Web: www.westendautoclinic.com

Discount: \$22.99 oil, lube and filter (incl. 20-point maintenance inspection and fluids topped off up to 5 quarts) and 10% off labor on repairs (certain limitations apply; call store for details).

Dining

Bayberry Bistro at the Hawthorne Inn

420 High St., Winston-Salem

Phone: 397-8302

Web: www.hawthorneinn.com/bayberryrestaurant

Discount: 20% discount in restaurant excluding special holiday promotions and alcoholic beverages.

Midtown Café & Dessertery

151 S. Stratford Rd., Winston-Salem

Phone: 724-9800

Discount: Complimentary slice of plain five-flavor pound cake or cookie with purchase of full meal.

New Town Bistro

420 Jonestown Rd., Winston-Salem

Phone: 659-8062

Web: www.newtownbistro.com

Discount: 10% off excluding alcoholic beverages and gratuity.

North Carolina Baptist Hospital Food & Nutrition

Ardmore Cafeteria, Watlington Hall Deli, Cancer Center Café

Discount: 10% off at all three eateries located in N.C. Baptist Hospital.

River Birch Lodge

3324 Robinhood Rd., Winston-Salem

Phone: 768-1111

Web: riverbirchlodge.com

Complimentary order of homemade Lodge Chips -- select potatoes sliced thin, seasoned and served with cilantro-lime and goat cheese peppercorn sauces -- with purchase of an entrée, \$9.95 or higher.

Salem Kitchen

50 Miller St., Winston-Salem

Phone: 722-1155

Web: www.salemkitchen.com

Discount: 10%

The Loop Pizza Grill

320 S. Stratford Rd., Winston-Salem

Phone: 703-9882

Discount: 10% off excluding alcoholic beverages, gift certificate and gratuity.

Tokyo Japanese Steakhouse

1111 Salisbury Ridge Rd., Winston-Salem

Phone: 722-5009

Web: www.tjsteakhouse.com

Discount: 10% off Sundays through Thursdays only

Twin City Diner

1425-A West First St., Winston-Salem

Phone: 724-4203

Web: triaddiner.com

Discount: 10% off your meal, excluding alcohol and gift certificates

Fitness / Wellness

Jimmy Mac's Golf Range (formerly Cedar Pointe Golf Center)

2397 W Clemmons Rd., Winston-Salem

Phone: 765-7733

Web: www.jimmymacsgolfrange.com

Discount: Buy one mini-golf, get one free. Buy one medium bucket, get one free.

Oak Valley

261 Oak Valley Blvd., Advance

Phone: 940-2000

Web: www.oakvalleygolfclub.com

Discount: April – October: 4 pm cart fee only; November – March: 2 pm cart fee only. 15% off pro shop merchandise (excludes balls and clubs). Mention BestHealth membership when making tee time and present card upon check-in.

Sunrise Yoga Studio

6000 Meadowbrook Mall Ct., Suite 28, Clemmons

Phone: 778-1233

Web: www.sunriseyoga.net

Discount: 10% off a series of classes, new students only.

Gifts

Maxwell Jewelers

Reynolda Manor Shopping Center, 2828 Reynolda Rd., Winston-Salem

Phone: 724-7826

Discount: 10% off all sale and non-sale items

Silpada Designs Jewelry

Contact: Kelly Dixon

Phone: 712-1322

Web: www.mysilpada.com/kelly.dixon

Discount: 10% off any jewelry purchase.

Home

Frame Gallery

Reynolda Manor Shopping Center, Winston-Salem

Phone: 724-0904

Discount: 10% off custom picture framing and all merchandise. Plus, a special offer of a FREE signed and numbered print for the first 200 BestHealth customers (with membership card).

Helios Technologies

Stratford Industrial Park

3835 Westpoint Blvd., Suite 103

Phone: 705-1117

Web: www.htsolar.net

Discount: 10% discount on services ranging from plumbing to solar installation and solar goods.

Mattress Factory

820 South Main St., Kernersville

Phone: 993-9991

Web: www.lowestpricefurniture.com

Discount: 10% or \$200 discount (whichever is less), excluding Tempur-pedic®

Pets / Birding Supplies

Reynolda Veterinary Hospital, P.A.

2600 Reynolda Rd., Winston-Salem

Phone: 725-9111

Web: www.reynoldaveterinaryhospital.com

Discount: 15% off your pet's initial visit.

Wild Birds Unlimited

568 Hanes Mall Blvd., Winston-Salem

Phone: 774-1906

Web: <http://stores.wbu.com/winstonsalem>

Discount: 20% off one item, excluding sale items.

Photography Services

Snyder Photography

6269 Arden Circle, Clemmons

Phone: 766-6792

Web: www.snyderphoto.com

Discount: 10% discount toward total purchase.

Salons / Barbers

Jay Tomes, master barber @ Serenity Salon & Spa

470 Knollwood St., Winston-Salem

Phone: 784-9364

Web: www.jaythebarber.com

Discount: \$10 off your first "Executive Men's Grooming Package" (incl. wash, scalp massage, cut, straight razor neck shave); \$5 off each visit thereafter.

Sporting Goods / Apparel / Footwear

Fleet Feet Sports

1204-A Reynolda Rd., Winston-Salem

Phone: 722-8477

Web: www.fleetfeetwinston-salem.com

Discount: 10% off all regularly priced footwear, apparel and accessories

Foot Solutions

Thruway Shopping Center, Stratford Rd., Winston-Salem

Phone: 725-3366

Web: www.footsolutions.com/winstonsalem

Discount: 10% off merchandise.

4 Runners Only

Reynolda Village, Reynolda Rd., Winston-Salem

Phone: 722-2489

Web: www.4runnersonly.com

Discount: 10% off merchandise.

Hush Puppies Shoes

Hanes Mall, Winston-Salem

Phone: 760-3830

Discount: 10% off all regular priced merchandise.

New Balance Winston-Salem

Thruway Shopping Center, Stratford Rd., Winston-Salem

Phone: 722-9559

Web: www.newbalance.com www.dunhambootmakers.com

Email: nbwinstonsalem@bellsouth.net

Discount: 15% off all footwear, apparel and accessories, excluding clearance items.

Omega Sports

Silas Creek Crossing, 3274 Silas Creek Parkway

Phone: 760-9172

Web: www.omegasports.net

Discount: 10% off non-sale items.

Vision

Coliseum Eye Associates

631 Coliseum Dr., Winston-Salem

Phone: 723-1041

Web: www.wfubmc.edu/eye/clinical/optical.htm

Discount: 20% off eyeglass lenses and frames.

University Optical Services

Wake Forest University Baptist Medical Center, 6th floor, Janeway Tower, Winston-Salem

Phone: 716-4888

Web: www.wfubmc.edu/eye/clinical/optical.htm

Discount: 20% off eyeglass lenses and frames.